

Central Pennsylvania Youth Track & Field Meet

The following information may change.

Last updated 6/18/2021

Organizational Information

Host: Nittany Track and Field (www.ntfxc.com)
Centre Region Parks & Recreation (www.crpr.org)

Contact: Tony Kwasnica (ntfxc.treasurer@gmail.com)
881 Teaberry Lane
State College, PA 16803
(814) 278-1265

Meet Website: www.ntfxc.com/NTF_meet_2021.html



Introduction

Welcome! Thank you for your interest in the 2021 Central PA Youth Track & Field Meet. After a challenging year, we are happy to be back at the track. With the uncertainties of the continuing pandemic and other factors such as local regulations, things in this year's meet will be somewhat different. As always it is our goal to provide our youth athletes with a safe, professional and competitive track and field meet experience. We hope to return to a more normal track meet format in 2022.

Since many of our athletes will be unvaccinated, we will continue to follow COVID safety guidelines. While the situation with respect to COVID is very fluid and we will be updating our specific protocols as the situation evolves, we will follow current CDC, PA DOH and local regulations as they pertain to our event. A summary of your current safety protocols can be found [here](#). We ask that you help us by following these requests so that our athletes can compete safely and everybody feels comfortable. As discussed below, due to the need to control the number of attendees, we have limited events and will strictly enforce entry limits. Our partner clubs and other individuals who have regularly attended the Central PA Youth Track & Field meet will have priority registering for the meet and we will open up registration only on a space available basis. This is done to recognize those local club have played in supporting the meet in the past and their important mission to the local communities.

We will follow the USATF rules of competition unless otherwise determined by the head official. Hurdle heights, shot put weights, and appropriate javelin will follow USATF specifications for each age group except when noted below.

Important Dates

Tuesday, June 1, 2021 12:00 pm	Meet registration opens to invited competitors
Tuesday, June 15, 2021 12:00 pm	Meet registration open to others
Wednesday, June 23, 2021 9:00 pm	Registration closes and all charges finalized
Saturday, June 26, 2021 9:00 am	Meet begins

Divisions

Boys and Girls for the following age divisions:

8 and under	sub-bantam	Born in 2013 or later
9-10	bantam	Born in 2011 or 2012
11-12	midget	Born in 2009 or 2010
13-14	youth	Born in 2007 or 2008
15-18	intermediate/young	Born in 2003 thru 2006

Events

The following events will be offered:

100 m Dash all age groups
200 m Dash all age groups
400 m Dash all age groups
800 m Run all age groups
1500 m Run all age groups
80 m Hurdles 11-12
100 m Hurdles 13-15, 15-18 girls
110 m Hurdles 15-18 boys
Long Jump all age groups
Shot Put all age groups
Turbo Javelin 8 and under, 9-10

Entries

Athletes are limited to 3 events. The cost of entry is **\$6 per event entered**.

We will limit the total number of entries to ensure that the meet runs on time so PLEASE get your entries in early. By default, all sprint events (400 and lower) will be capped at 32 entries per age group/gender combination, all distance (800 and up) and field events will be capped at 16 entries per age group/gender combination. However, these are maximums and some events may close earlier. **We will regularly monitor the status of the events along with the feasible schedule and may close some events to registration at lower numbers.** Entries will be accepted from both teams and individuals. **Athletes DO NOT need a USATF license to compete.**

All Registration and payment is online via athletic.net. You may find our meet at <https://www.athletic.net/TrackAndField/meet/431913/info>

We suggest beginning the registration process at least a few days before the registration deadline.

NOTE: Nittany Track and Field athletes will be registered by their coaches. If you are a paid member of Nittany Track and Field please do not attempt to register yourself online.

Meet Schedule (approximate) UPDATED will be further updated as we get closer.

8:00 am	Athlete/coach check-in and track open for warm ups
8:45 am	Coaches meeting (infield)
9:00 am	Track Events (11 and up) Morning Session Begins
9:00 am	Field Events (10 and under) Morning Session Begins
11:45 am	Field Morning Session Ends (approximate)
12:30 pm	Track Morning Session Ends (approximate)
12:30 pm	Field Events (11 and up) Afternoon Session Begins
1:15 pm	Track Events (10 and under) Afternoon Session Begins
4:00 pm	Meet concludes

Order of Events

Unless otherwise stated, boys will follow girls.

Some age groups or genders may be combined. The final schedule will provide details.

Note: This schedule is approximate and is open to modification based upon entry counts and availability of officials.

Morning Track Session (11 and up)		Morning Field Session (10 and under)	
Event	Age Group	Event	Age Group
80 m Hurdles	11-12	Long Jump	8 and under, 9-10
100 m Hurdles	13-14, 15-18 girls	<i>begins at 9:00</i>	
110 m Hurdles	15-18 boys		
1500 m Run	11-12,13-14,15-18	Turbo Javelin	9-10, 8 and under
100 m Dash	11-12,13-14,15-18	<i>begins at 9:00</i>	
400 m Dash	11-12,13-14,15-18		
800 m Run	11-12,13-14,15-18	Shot Put	8 and under, 9-10
200 m Dash	11-12,13-14,15-18	<i>begins at 9:30</i>	

Afternoon Track Session (10 and under)		Afternoon Field Session (11 and up)	
Event	Age Group	Event	Age Group
1500 m Run	8 and under, 9-10	Long Jump	11-12,13-14,15-18
100 m Dash	8 and under, 9-10	<i>begins at 12:30</i>	
400 m Dash	8 and under, 9-10		
800 m Run	8 and under, 9-10	Shot Put	15-18, 13-14, 11-12
200 m Dash	8 and under, 9-10	<i>begins at 12:30</i>	

The final schedule will be updated to reflect actual entry counts and will be distributed to all entrants on Friday, June 25.

Please listen for announcements calling your events and arrive soon after the first call. Track event athletes must check-in at the clerking tent on the infield. Field event athletes must check-in at their event location. Given the schedule structure, there should be no reason for athletes to have to leave their field events for track events.

Track Events

All events will be timed finals. Seeding will be based upon declared seed times whenever possible. Please use accurate seed times to ensure fair competition amongst all athletes. Events may be combined if necessary. **Spikes may be worn. Starting blocks will only be permitted for the 11 and older age groups in the sprint events (400 and lower); there will be no blocks in the afternoon track session (10 and under).** If an athlete appears unfamiliar with the use of blocks, it is at the discretion of the meet officials regarding whether they will be permitted to use them; in no case will we allow block usage to excessively delay the meet. Athletes may only use the blocks provided by the meet officials.

In the event of scratches, heats may be reseeded by the track clerk and, therefore, may not always reflect assignments in the meet program. Please arrive at the clerking tent early so as to not cause delays or confusion.

Field Events

Each athlete will be permitted **four attempts** per event with final placings determined based upon the best of these four attempts. Appropriately weighted shot puts and turbo javelins will be provided and must be used by all athletes.

Field events will be conducted in flights. If more than one flight is needed, the flights will be organized alphabetically. Please only enter the jumping or throwing area when your flight has been called. Warm up periods will be listed on the final schedule and will be strictly enforced. Athletes missing their warm up period will not be allowed extra warm up time. *Please note that USATF and NFHS rules now prohibit "run backs" and they will not be allowed during long jump warm up periods.*

Awards

Medals will be awarded for places 1-3 and ribbons will be awarded for places 4-6 for all events and all age groups. Results will be posted online shortly following each event. Results may be found at www.ntfxc.com/Results/. Awards will be available shortly after posting of unofficial results. Awards may be obtained at the awards table near the main track entrance. While there will not be an official awards ceremony, there will be a podium near the entrance for impromptu awards photos. Athletes are asked to leave the track facility following competing in their event and obtaining their awards. Once awards are distributed, all results are official.

Protests

Please be sure to check the live results often and notify the officials tent on the infield ASAP if there are any discrepancies. Protests shall be made at once and not later than 30 minutes after the results of the event have been posted online. Protests shall be directed to the officials' tent on the infield. We will be using a fully automatic timing system and only the finish line video will be used to resolve protests. We will make every attempt to rectify results if they can be determined to be in error. Due to the timing of the awards distribution, it may be impossible to redistribute awards in the event of a later change.

Concessions

There may be limited concessions available. We are hoping to invite a few food trucks to come to the parking area during the lunch break but athletes and spectators are advised to bring their own food and drink. No alcohol, tobacco products or glass containers are permitted on school property.

Parking

There is parking behind the school near the track. In the past, this parking area has filled up, but the parking area has since been expanded. Overflow parking will be located on the opposite side of Westerly Parkway and will require an approximate 5-minute walk to the track. If the lot near the track is full, you may wish to drop off your athletes and equipment and proceed to the parking lot. Please do not block the roadway or park in spots reserved for school employees. A parking map will be available prior to the meet. **PLEASE DO NOT PARK IN FIRE ZONES. IF THE TRACK PARKING LOT IS FULL, YOU MUST PARK ACROSS WESTERLY PARKWAY. DO NOT PARK IN THE NARROW ONE-WAY DRIVE LEADING FROM WESTERLY PARKWAY TO THE TRACK. This will be strictly enforced and your vehicle may be towed without warning.**

Tents

Team tents/camps will only be permitted in designated areas. A detailed map with acceptable team camp locations will be distributed shortly before the meet. Tents placed in other areas will be required to move. In order to promote social distancing, team are asked to maintain adequate social distance between camps and to avoid placing tents too close to the event areas. Spectators and team encampments are encouraged to maintain adequate social distance at all times and respect the request of event officials regarding crowding at the event areas. Only meet officials and called athletes are permitted on the infield.

Directions

The State College Area High School Track is located at 653 Westerly Parkway, State College, PA 16801. The track is located behind the new high school building located on the south side of Westerly Parkway. The track can be accessed either via the drive off of Westerly Parkway between Welch Pool and the main school building or the drive access off of O'Bryan Lane.

Arriving from the south on I-99. Take the Atherton St. (BUS-322) exit 69 and proceed south for approximately 4.5 miles to Westerly Parkway. Turn right onto Westerly Parkway and travel approximately .5 miles to the high school.

Arriving from the north on I-99. Take the Park Ave. exit 74 and proceed west for approximately 2 miles. Turn left onto University Drive. Proceed south for approximately 1.5 miles to Easterly Parkway. Turn right on Easterly Parkway. Proceed on Easterly Parkway past Atherton Street. High school is located approximately .5 miles past Atherton.

Arriving from the south on US-322. Take the Atherton St. (BUS-322) exit north for approximately 4 miles. Turn left onto Westerly Parkway and travel approximately .5 miles to the high school.

Inclement Weather

In the event of severe weather, competition may be delayed and all spectators and participants may be required to find shelter. While we will make every effort to complete all events in a timely fashion, significant weather problems may require modification of the schedule and the cancellation of events. Refunds will not be issued for cancelled events.

Behavior

All athletes, parents, coaches, and spectators are expected to demonstrate polite and supportive behavior. Failure to act in this fashion may result in athlete disqualification or spectator removal. We especially ask that you be sure not to litter and assist with keeping this school facility in good, clean condition during and after the meet. Athletes and spectators failing to follow officials' requests regarding COVID safety may be asked to leave or disqualified from their events.

The school district does not permit dogs at the track so please do not bring them inside the facility.