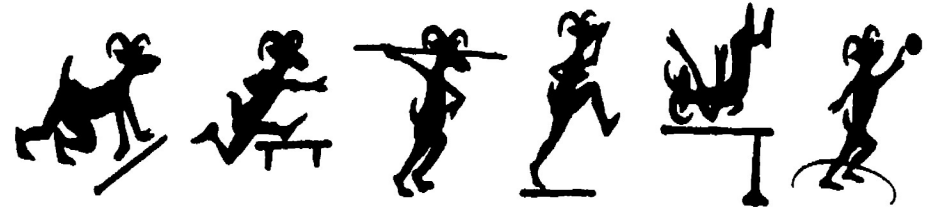


MOUNTAIN TOP

TRACK & FIELD CLUB • CRESSON, PA



June 10, 2023

*In Memory of
Stacy Hooer*

Welcome
To the 26th Annual
Mountain Top Track & Field Club Invitational

We would like to thank you for your attendance & participation in today's meet. We wish you all the best of luck. Your hard work and dedication has already made you all winners.

Remember that good sportsmanship and conduct is more important than winning. We anticipate that each of you will behave in an appropriate manner.

In order to maximize performance and to prevent injury, keep well hydrated, warm up and stretch out prior to your event.

Pay a visit to the **concession stand** for refreshments.

Please help keep our field litter free!!!

Club Key:

Altoona: A	Portage: P
Basemount BM	Bump Yes: BY
Berlin: B	Pacers: BPP
Bethel Park: BP	Punxsutawney: Punxy
Chestnut Ridge: CR	Laurel Highlands: LH
Nittany Valley—NTF	Mountain Top: MT
Nehemiah: Neh	Greater Johnstown: GJ
Tussy Mountain: TM	Hill Top Rebels: HTR
Tyrone: T	Hollidaysburg YMCA:
Huntingdon: H	Valley Pacers: VP
Independent: Ind.	Valley Speedsters: VS
Williamsburg: WB	Westmont: West
Wings of Moon: WOM	River City Elite: RCE
Tri County—TRIC	Greensburg YMCA: Greens
Weekend Warriors: WW	South Park - SP

My times and distances 6/11/22

Event _____ Time/Dist. _____

Event _____ Time/Dist. _____

Event _____ Time/Dist. _____

Event _____ Time/Dist. _____

15 & 16 - Boys

100	Kyle Shivetts	10.78	Ind.	2010
200	Aaron Nadolsky	22.7	Ind.	2007
400	Aaron Nadolsky	50.6	Ind.	2007
800	Luke Bloomquist	2"09.6	Ind.	1997
1500	Ben Hahn	04:29.5	Ind.	2003
3000	Chris Fischer	09:46.4	MT	2008
110 Hurdles	Jeff Kiss	14.8	Ind.	2000
400 Hurdles	Zachary DeCarmin	56.85	NTF	2018
4 x 100 relay	Constatino, Kiss Belskey, Fetsko	48.5	Ind.	2002
4 x 400 relay	Henderson, Carney Fazzini, Johnson	03:43.7	Ind.	2003
4 x 800 relay	Peters, Rose Smith, Ondecko	11:42	MT	2000
long jump	Ethan Riley	6.64 m	Ind.	2015
triple jump	Allen Taylor	12.57	NFT	2018
high jump	Charles Wilson	1.93	ETC	2012
shot put	Tyler Salyards	13.26 m	Ind.	2007
discus	Jordon Geist	43.23 m	Ind.	2013
javelin	Mike Biddle	53.42 m	WB	2013

Mountain Top Track & Field Club

Would like to thank the following sponsors:

- Nichole Falchinin Oravec, DMD, Sheetz,**
- Sankertown VFW Post 7377, Cresson Motors,**
- Joseph Cavalier, Cresson BPW, Up-N-Running**
- Dr Jan Brown, Inc., The Brick on Front,**
- Phoenix Rehabilitation & Health Serv.**
- Eastern Cambria Chamber of Commerce**
- Summerhill Social Club, Gene Tiracave**
- Knights of Columbus St. Anne Council 4259**
- Summerhill GBU District 291, Bob Biter Electrical Enter, Inc.,**
- Drayer Physical Therapy Institute,**
- Jeremiah Kim Insurance Agency, Lilly American Legion**

Mountain Top Invitational

Order of Events

9:00 a.m.

9:00 a.m.

Running Events

Field Events

3000 M run

Triple Jump (All ages)

110, 100 & 80 M Hurdles

Long Jump (11 and 12)

100 M Dash

High Jump (masters)

Exhibition 50 M Dash (3 & 4 Y/O)

Discus (17 and 18)boys

1500 M Run

Javelin (15 and 16)

400 M Dash

Shot Put (8 and under)

200 & 400 M Hurdles

Turbo Javelin (9 and 10) girls

800 M Dash

200 M Dash

4 x 800 Relay

4 x 100 Relay

4 x 400 Relay

Running events will begin with the youngest age group (8 and Under) and advance to the oldest.

Different age groups may compete at the same time, however athletes will place and advance by their age group.

Age Groups:

8 yrs. And under	Born 2015 & on
9 & 10 yrs.	2013 & 2014
11 & 12 yrs.	2011 & 2012
13 & 14 yrs.	2009 & 2010
15 & 16 yrs.	2007 & 2008
17 & 18 yrs.	2005 & 2006

event	Name	time/dis	club	year
13 & 14 - Boys				
100	Darren Belme	11.8	Greens	2013
200	Bobby Glenn	24.7	MT	2004
400	Darren Belme	55.69	Greens	2013
800	Jordan Donaldson	02:16.3	TM	2002
1500	Ben Hahn	04:40.5	Ind.	2002
3000	Bennett Norton	10:09.60	NTF	2017
100 hurdles	Jeff Kiss/ Colton	14.9	I./St	98/21
200 hurdles	Braedin Lunger	27.70	VS	2022
4 x100 relay	Burgess, Walker Kpan, Smalls	49.5	VS	2012
4 x 400 relay	Watson, Barbin Seidel, Kanuch	04:16.4	HT	2002
Long jump	Colton Dean	5.71 m	STY	2021
Triple Jump	Levi Porter	11.55 m	NTF	2021
High Jump	Braedin Lunger	1.67 m	VS	2022
Shot	Jordon Geist	14.14 m	Ind.	2013
Discus	Jordon Geist	43.57 m	Ind.	2013
Javelin	Grayson Hill	41.20 m	Ind.	2012
15 & 16 - Girls				
100	Jasmine Jones	11.19	Greens	2012
200	Taylor Givens	25.59	Ind.	2016
400	Abbigail Schleicher	1:01.84	Ind.	2021
800	Natasha Fedkina	2:20.36	Nitt	2013
1500	Grace Henderson	5:09.95	VS	2018
3000	Arlee Simendinger	11:32	MT	2012
100 Hurdles	Sarah Snyder	16.0	Ind.	2006
400 Hurdles	Abby Walwro	1:17.05	MT Top	2018
4 x 100 relay	Schantz, Murtha Szpulski, Kalkstein	51.5	CT	2003
4 x 400 relay	Heshel. King Kalwanski, Reig	05:04.7	MT	2004
Long Jump	Abby Wagner	5.19 m	Ind.	2013
Triple Jump	Zoey Roush	10.80 m	Ind.	2016
High Jump	Stephanie Novella Janae Dunchak	1.58 m	MT	1998
Shot	Ava Benetti	1.58 m	Ind.	2006
Shot	Ava Benetti	10.22 m		2012
Discus	Ava Benetti	35.89 m		2012
Javelin	Mary Grusky	37.08 m	Ind.	2022

Many thanks to all the athletes' families for donations of items and time to the concession stand.

Thanks to all who donated items for the 1st Annual Basket Raffle. Christy Plummer, you're the best.

Personalized 4 You. of Gallitzin for the great appearance of the team.

Sincere thanks you to all volunteers who helped make our track meet run smoothly. A very special thank you to Julie Hines, Butch and Joanne, Pompa, Belinda and Jerod Lambie, Iris Cree, and all helpers, and meet officials for without them this meet would not be possible. We greatly appreciate anyone who assists with this meet.

Appreciation goes out to the following volunteer coaches:

Sara Clauto ** Jed Soyka**Dave Templeton**Carrie Vinglish

Sean Wechenhiser Lori Link** Gretchen Lambie**Ben Grata**

Sydney DignanCarrie D'Andrea**Doug Strittmatter

Many high school athletes that have assisted this year.

Thank you to the veteran athletes who demonstrated leadership skills to the newer athletes. Your help and thoughtfulness is greatly appreciated.

And finally, thank you to all parents who support their children. You should be proud of all their accomplishments and dedication.

Sincerely,

Lois Smith: Treasurer, Coach

Brian Dillon: President, Coach

11 & 12 - Boys				
100	Scott Berardinelli	12.38	Ind.	2014
200	Chrystoper Black	26.99	Ind.	2021
400	Chrystoper Black	1:03.34	Ind.	2021
800	Noah Boris	2:32	Ind.	2012
1500	Miles Becker	04:58.9	BP	2002
3000	Miles Becker	10:44.5	BP	2002
80 Hurdles	Ander Vasquez	14.6	RCE	2013
4 x 100 relay	Knable, DeArmitt Claybaugh, Norris	01:04.9	H	2002
4 x 400 relay		04:45.50	NTF	2022
200 Hurdles	Ryan Lindenberg	27.29	NTF	2018
Long Jump	Andre Taylor	4.28	ST	2022
High Jump	Blasé Bugosh	1.42 m	Inf	2021
Shot	Lane Ongley	10.7	Ind.	2021
Discus	Daniel Norris	24.31 m	Greens	2014
Turbo Javelin	Joshua Allen	39.52 m	WW	2012

13 & 14 - Girls				
100	Alysia Spencer	12.09	NTF	2017
200	Ali Wyland	27.35	H-burg	2103
400	Iman Wilkerson	01:01.7	Ind.	2007
800	Katie Bloomquist	02:24.2	Ind.	1997
1500	Corinn Brewer	5:11.71	VS	2018
3000	Corinn Brewer	10:56.95	VS	2018
100 Hurdles	Sydney Granack	16.57	Greens	2017
200 Hurdles	Sarah Snyder	30.8	Ind.	2005
4 x 100 relay	Peachey, Fultz Thompson, Ledford	57.9	H	2005
4 x 400 relay	Ulery, Bauer Van Norman, Gunter	4:43.49	Inf	2021
Long Jump	Janae Dunchack	4.79 m	MT	2005
Triple Jump	Ariel Rocco	9.91 m	Ind.	2005
High Jump	Erika Voyzey	1.52 m	Eagle	2012
Shot	Maura Huwalt	10.95 m	SP	2015
Discus	Jessica Rocco	31.12 m	Ind.	2006
Javelin	Jessica Rocco	32.99 m	Ind	2006

event		Name	time/dis	club	year
8 and Under - Girls					
100	Hannah Damian	13.5	SP		2015
200	Madeline Murphy	36.09	MT		2009
400	Madeline Murphy	01:24.27	MT		2009
800	Kylie Keith	3:17.54	MT		2016
1500	Elsa Raish	6:41	NTF		2022
Turbo Javelin	Julia Hiemstra	11.10	WOM		2022
long jump	Hayley Holsberger	3.02 m	MT		2004
Shot	Danika Faith	4.88	Ind		2018
8 and Under - Boys					
100	Kaden Carpenter	14.18	Ind.		2015
200	Jordan Jackson	35.50	VS		2021
400	Brandon Suhy	1:22.09	PH		2022
800	Mark Provenzo	02:55.4	Ind.		2007
1500	Emmett Doyle	6:11.69	Mt		2021
4 X 100 Relay	Davis, Sharif, White, Vasquez	1:16.8	River		2012
long jump	George Gilbert	5.54 m	Greens		2013
Shot	Cooper Gergely	7.42	Mt		2021
Turbo Javelin	Corbin Vinglish	18.38 m	Mt Top		2017
9 & 10 - Girls					
100	Maura Kindel	13.83	MT		2015
200	Shree Wlilson	32.46	HE		2018
400	Jillian Anderson	1:16.08	Greens		2016
800	Hanna Lash	02:57.6	Ind.		2000
1500	Norah Harpster	5:55.65	NTF		2022
4x100 relay	Barlick, Madonna, Seymore, Hildebrand	01:08.3	MT		2008
4x400 relay	Raish, Harpster Woskob, Contreras	06:04.46	NTF		2021
Long jump	Kate Eckenrode	3.49	MT		2018
High jump	Hayley Holsberger	1022 m	MT		2006
Shot	Lydia Tate	6.80	NFT		2018
Turbo Javelin	Ashlei Walsh	18.87 m	WW		2012

17 & 18 - Women

100	Taylor Givens	10.96	Ind	2012
200	Kimberly Watterson	26.2	Ind	2022
400	Kimberly Watterson	58.9	Ind.	2011
800	Payton Sullivan	02:34.70	Ind.	2021
1500	Hannah Dorian	5:11	Base	2012
3000	Arlee Simendinger	11:14	MT	2014
100 Hurdles	Jenna Brackon	15.8	Ind.	2012
400 Hurdles	Rachel Wylie	01:07.2	Ind	2015
4 x 100 relay	McClosky, Milazzo Johnson, Palazzi	56.0	A	1999
4 x 800 relay	Garver, Cartwright Caparelli, Balog	12:02.6	W	2001
Long Jump	Taylor Givens	5.52 m	Ind.	2017
Triple Jump	Taylor Givens	10.77 m	Ind.	2017
High Jump	Erika Voysey	1.68 m	Ind	
Shot put	Jill Rineer	12.16 m	Mt Top	2017
Discus	Sam Dyson	39.63 m	Ind.	2017
Javelin	Susan Yahus	42.93 m	Ind.	2005

17 & 18 - Men

100	Antonio Stello	10.72	Ind.	2017
200	Trevor Paschall	22.17	ST	2021
400	Aaron Nadolsky	50.5	MT	2008
800	Jahmar Gonzalez-Allie	2:03.60	HB	2022
1500	Connor Downs	04:21.94	ST	2021
3000	Dylan Kutruff	10:00	Mt	2012
5000	Jeremy Ebersole	18:05.7	A	1998
110 Hurdles	Nate Kiss	14.7	Ind.	2005
400 Hurdles	Sam Hartman	57.63	South P	2017
4 x 100 Relay	Darby, Norris, Rivera, Stevens	45:45	Greens	2013
4 x 400 relay				
4 x 800 relay		4:01.78	MT	2016
Long Jump	Matt Karlheim	6.40 m	MT	2014
Triple Jump	Tobi Sonaike	13.45	Ind	2018
High Jump	Travis Hummel	1.93 m	MT	1996
Shot Put	Colin Dugan	16.51 m	Ind.	2005
Discus	Chase Dill	43.59 m	MT	2014
Javelin	Eric Skedel	58.47 m	Ind.	2007

event

Name

time/dis

club

year

9 & 10 - Boys

100	Brady Syster	13.56	Ind	2014
200	Braedin Lunger	30.00	VS	2018
400	Cameron Lawrence	1:12.66	Tri C	2013
800	Ian Michael	02:44.6	TM	2000
1500	Ian Michael	05:26.1	TM	2000
4x100 relay	Jacobs. Mitchell,	NTF	1:14.40	2018
4x400 relay				
Long Jump	Kevin Alton	3.98 m	ST	2022
High Jump	Chad Tsikalas	1.22 m	MT	2006
Shot	Lawson Monta	7.77 m	West	2008
Turbo Javelin	Brandon Weigand	24.54 m	MT	2006

80 hurdles	Desmond Grace	17.48	Greens	2014
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11 & 12 - Girls

100	Katelyn Peachey	12.59	NTF	2017
200	Kate Eckenrode	28.84	MT	2022
400	Alayna Lafontant	1:04.82	PHT	2022
800	Isabella Ascherl	02:04.90	Mt	2021
1500	Isabella Ascherl	05:24.68	Mt	2021
3000	Isabella Ascherl	11:25.85	Mt	2021
1500 RW	Chris Waksmunski	12:00.5	TM	1997
80 Hurdles	Erica Steele	14.74	Greens	2013
200 Hurdles	Jessa Kindel	39.57	MT	2015
4x100 relay	Farabaugh, Gergely Eckenrode, Plum- mer	01:00.31	Mt	2021
4x400 relay	Fedkin, Peachey Raish, Salvato	05:33.48	NTF	2021
Long Jump	Rebecca Pyo	4.04 m	Greens	2013 2013/
High Jump	Marie Scarpa/Eria Steel	1.27 m	Greens	2014
Shot	Lindsay Clapper	8.26 m	TM	2000
Discus	Justly Sharpe	23.09 m	Ind	2016
Turbo Javelin	Jerzy Vinglish	23.72 m	MT	2016