

# NTF Fall 2017 Youth Cross Country

Practice starts August 22nd



Nittany Track & Field youth club invites girls and boys 8-18 years of age to join the Fall 2017 NTF Youth Cross Country Program.

Both beginners and experienced runners are welcome!

Get a break from school work and join us for more running, fun, and fresh air !!

**Season:**

August 22nd to November 19th

**Practice times:**

Monday-Thursday 5:45-7:15 pm;  
Sunday 3:00-4:30 pm

**Location:**

Tudek Park (weekdays), Sunday locations TBA

**Registration Fees:**

\$70 / season (\$50 siblings)

