

Nittany Track and Field

Important Information for Summer 2020 Season

Welcome to the Club!! Listed below is important information for the Summer 2020 track and field season. More details and updates will be communicated via the email or through the NTF website: www.ntfxc.com

Season dates: April 27 – July 16, 2020

Practice Times:

Monday-Thursday 6:15-7:45 pm

Sub-Bantam Group (7-8 years old) - Tuesday & Thursday only

Attendance of every practice is not mandatory – athlete can come on any days that fit their schedule.

Location: State College Area High School Track, 653 Westerly Parkway

Main contact: Mark Fedkin ntfxc.club@gmail.com / 814-876-0461

Coaches for Summer 2020:

Mark Fedkin, Andrew Maguire, Jayson Jackson, Elizabeth Pringle, Matt Lindenberg, Stuart Selber, Kiara Lester, Arnold Gasche, Brenna O'Connor, David Lucas.

Remind System: TBD

Practice & Competition Groups

USATF Age Groups 2020	Years of birth
Sub-bantam	2012 and younger
Bantam	2010-2011
Midget	2008-2009
Youth	2006-2007
Intermediate	2004-2005
Young M/W	2002-2003

Registration: online via <https://clubs.bluesombrero.com/nittanytrackandfield>

- \$70 per athlete per season
- \$50 sub-bantam
- \$50 sibling (second, third, etc. child in the same family)

Additionally USATF Membership (\$20 per year) is required for all participating athletes.

Please register by May 10th to guarantee a T-shirt!

Registration help: email to ntfxc.secretary@gmail.com

Events: Sprints, Hurdles, Distance, Jumps (long and triple), Throwing (discus, shot, javelin)

Track Meets

There is a number of youth track and field meets on our schedule that are suited to different ages and levels of experience (see Table below). Participation in meets is encouraged, but not mandatory. Club covers all the meet registration fees for NTF athletes. Parents are responsible for transportation. More information and meet entry requests will be sent out during the season.

Meet schedule for Summer 2020

(Note: more events will be added as info becomes available):

Date	Meet	Location
May 29 - 30	Central PA Youth Track and Field Meet	State College, PA
June 13	Mountain Top Invitational	Cresson, PA
June 12-14	USATF Mid-Atlantic Junior Olympics*	Chester, PA
June 27	International Meet	Kutztown, PA
June 23 - 28	USATF Youth National Outdoor Championships**	Miramar, FL
July 9-12	USATF Region 2 Junior Olympics*	Chester, PA
July 17-19	UAGTCA Youth Invitational***	Chester, PA
July 27-Aug 2	USATF National Junior Olympics*	Jacksonville, FL

* USATF age verification required for these meets - by June 8. Top 6 in Mid-Atlantic advance to Region 2. Top 5 in Region 2 advance to Nationals.

** USATF age verification required. Qualification is by entry 'standards'.

***Separate age verification required. No qualification required.

Practice checklist:

- Register through [Blue Sombrero](#) site (even if you are trying out)
- Water bottle
- Running shoes (best source: Rapid Transit Sports, 115 S. Allen St.)
- Weather appropriate clothes (come ready to run)
- Personal care items (e.g. inhaler, allergy medicine if you take any)

Team apparel information

There are a few opportunities for athletes to obtain NTF clothing:

1. **Free t-shirt:** Each athlete who is fully registered (paid club fee and obtained USATF membership by May 10) will receive an NTF performance t-shirt, in the size indicated on his/her registration form. Please note that these shirts

do tend to run large, and many athletes like to size down. T-shirts should arrive sometime in the first few weeks of practice.

2. **Racing Uniforms:** All athletes that plan on participating in any meets are encouraged to purchase a team uniform. Information and a uniform order form will be available at orientation meeting (*date TBA*). There will also be an opportunity for uniform try-on and in-person ordering. In order to ensure the arrival of uniforms prior to our first meet on May 29-30, the first order must be placed by May 8. Prices for uniforms after May 8 may increase and will be subject to availability.

Contact Katie Petersen (ntfxc.uniforms@gmail.com) if you have any questions about NTF apparel.

For more information about the NTF team, please visit our Q&A page and connect to us via Facebook.

* * * * *