



## Nittany Track and Field Youth Club Important Information for Summer 2024 Season

Welcome to the Club!! Listed below is important information for the Summer 2024 track and field season. More details and updates will be communicated via the email or through the NTF website: [www.ntfxc.com](http://www.ntfxc.com)

**Season starts: May 6<sup>th</sup>, 2024**

### **Practice Sessions:**

**Primary Group** (8 and under, born 2016-2017)  
Tuesday & Thursday 6:30 – 7:45 pm at the SCASD Track  
From May 7<sup>th</sup> to July 2<sup>nd</sup>,  
Registration: \$70 per athlete per season  
Lead Coach: Mark Fedkin

**Bantam Group** (9-10, born 2014-2015)  
Monday through Thursday 6:30 – 7:45 pm at the SCASD Track  
From May 6<sup>th</sup> to July 18<sup>th</sup>  
Registration: \$100 per athlete per season  
Lead Coach: Andrew Maguire

**Junior High Group** (11-12, 13-14, 15+, born 2013 and older)  
Monday-Thursday 6:30-7:45 pm  
From May 6<sup>th</sup> to July 18<sup>th</sup>  
Registration: \$100 per athlete per season  
Lead Coaches: Jayson Jackson and Matt Lindenberg

Attendance of every practice is not mandatory – athletes can come on any days that fit their schedule.

**Practice location:** State College Area High School Track, 653 Westerly Parkway

**Main contact:** Mark Fedkin [ntfxc.club@gmail.com](mailto:ntfxc.club@gmail.com) / 814-876-0461

**Remind System:** For athletes 10 and younger: @ntfban  
For athletes 11 and older: @ntfjun  
Text the above code to 81010 to get on the texting list.

**Registration:** online via [Sports Connect](#)

1. Club registration fee (\$70--100 per athlete)
2. [USATF Individual Youth Membership](#) is required for all participating athletes.

Deadline: May 16<sup>th</sup> to guarantee a T-shirt!

Registration help: email to [ntfxc.secretary@gmail.com](mailto:ntfxc.secretary@gmail.com)

### Competition Age Groups

Groups	Years of birth
Primary (8 and under)	2016 and younger
Bantam (9-10)	2014-2015
Midget (11-12)	2012-2013
Youth (13-14)	2010-2011
Intermediate (15-16)	2008-2009
Young M/W (17-18)	2006-2007

**Events:** Sprints, Hurdles, Distance, Throwing (discus, shot, javelin), and Jumps (long, high, triple)

### Track Meets

Table below lists several track meets over this summer season. This information may be updated. Participation in meets is encouraged, but not mandatory. Club covers all the meet registration fees for NTF athletes. Parents are responsible for transportation. More information and meet entry forms will be send out during the season.

Meet schedule for Summer 2024

(Note: more events will be added as info becomes available):

Date	Meet	Location
June 8	Mountain Top Invitational	Cresson, PA
June 8-9	USATF Mid-Atlantic Championship*	Widener University
June 21-22	Central PA Youth Track Meet	State College, PA
June 26-30	USATF National Youth Outdoor Championship*	Icahn Stadium, NY
July 12-14	USATF Region 2 Junior Olympics*	New Brunswick, NJ
July 20-21	Ron Jackson UAGTCA Invitational	Widener University
July 20	Keystone Games T&F Championship	Kings College (PA)
July 22-28	USATF National Junior Olympics*	Texas A&M, TX

\* USATF age verification required for these meets. Top 6 in Mid-Atlantic advance to Region 2. Top 5 in Region 2 advance to Nationals.

### Practice checklist:

- Register through [Sports Connect](#) site
- Water bottle
- Running shoes (best source: Rapid Transit Sports, 115 S. Allen St.)
- Weather appropriate clothes (come ready to run)
- Personal care items (e.g. inhaler, allergy medicine if you take any)

### Team apparel information

There are a few opportunities for athletes to obtain NTF clothing:

1. **Free t-shirt:** Each athlete who is fully registered (paid club fee and obtained USATF membership by May 16th) will receive an NTF performance t-shirt, in the size indicated on his/her registration form. Please note that these shirts do tend to run large, and many athletes like to size down. T-shirts should arrive sometime in the first few weeks of practice.
2. **Racing Uniforms:** Athletes that plan on participating in any track meets are encouraged to purchase a team uniform:

The uniform set includes a unisex singlet (\$25) and unisex track shorts (\$20). They come in sizes ranging from Youth Small to Adult X-Large.

Fill out the Google Form to order:

<https://forms.gle/xXYKgunUKDwXvqt5>.

Be sure to choose the correct size and quantity of singlets and/or track shorts. At the end there will be a link you click to make the payment. If you do not click through and pay, your uniform order will not be processed.

*Note:* There is no requirement to purchase a uniform. Your child can also wear their NTF T-shirt (included in their registration) for competition.

3. **Vintage apparel:** we have a limited number of NTF clothing from previous seasons. The items will be available for purchase at club events (first come first serve)

Contact Katie Petersen ([ntfxc.uniforms@gmail.com](mailto:ntfxc.uniforms@gmail.com)) if you have any questions about NTF apparel.

For more information and any questions about the Nittany Track and Field team, please visit our [Q&A page](#) or email to [ntfxc.club@gmail.com](mailto:ntfxc.club@gmail.com)

**Have a great summer season!**

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