

Nittany Track and Field

Important Information for Summer 2022 Season

Welcome to the Club!! Listed below is important information for the Summer 2022 track and field season. More details and updates will be communicated via the email or through the NTF website: www.ntfxc.com

Season dates: May 2nd – July 14, 2022

Practice Times:

Monday-Thursday 6:30-7:45 pm (except holidays and facility conflicts)
 Primary Group (8 and under, born 2014-2015) - Tuesday & Thursday only
 Attendance of every practice is not mandatory – athletes can come on any days that fit their schedule.

Location: State College Area High School Track, 653 Westerly Parkway

Main contact: Mark Fedkin ntfxc.club@gmail.com / 814-876-0461

Remind System: For athletes 10 and younger: text @nittanytr to 81010
 For athletes 11 and older: text @nittanytra to 81010

Practice & Competition Groups

Groups	Years of birth	Main Coaches
Primary	2014 and younger	Mark Fedkin Mary Morningstar
Bantam	2012-2013	Andrew Maguire Elizabeth Pringle
Midget	2010-2011	Matt Lindenberg Marisa Deichert Jayson Jackson Stuart Selber
Youth	2008-2009	
Intermediate	2006-2007	
Young M/W	2004-2005	
Jumping events		Rachael Spencer
Throwing events		Carole Dudukovich

Registration: online via [Sports Connect](#)

\$100 per athlete per season

\$70 sub-bantam

–\$30 sibling discount (second, third, etc. child in the same family)

Additionally, USATF Membership (\$25 per year) is required for all participating athletes.

Please register by May 15th to guarantee a T-shirt!

Registration help: email to ntfxc.secretary@gmail.com

Events: Sprints, Hurdles, Distance, Throwing (discus, shot, javelin), and Jumps

Track Meets

Table below lists several track meets over this summer season. This information may be updated. Participation in meets is encouraged, but not mandatory. Club covers all the meet registration fees for NTF athletes. Parents are responsible for transportation. More information and meet entry requests will be send out during the season.

Meet schedule for Summer 2022

(Note: more events will be added as info becomes available):

Date	Meet	Location
May 22	CRPR-NTF All-Comers Youth Track Meet #1	State College, PA
June 4-5	Central PA Youth Track Invitational	State College, PA
June 11	Mountain Top Invitational	Cresson, PA
June 25-26	USATF Mid-Atlantic Championship*	Millersville, PA
June 26	CRPR-NTF All-Comers Youth Track Meet #2	State College, PA
June 29-July 2	USATF Outdoor Nationals*	New York, NY
July 8-10	USATF Region 2 Junior Olympics*	TBA
July 23	Keystone Games T&F Championship	Wilkes-Barre, PA
July 25-31	USATF National Junior Olympics*	Sacramento CA

* USATF age verification required for these meets. Top 6 in Mid-Atlantic advance to Region 2. Top 5 in Region 2 advance to Nationals.

Practice checklist:

- Register through [Sports Connect](#) site
- Water bottle
- Running shoes (best source: Rapid Transit Sports, 115 S. Allen St.)
- Weather appropriate clothes (come ready to run)
- Personal care items (e.g. inhaler, allergy medicine if you take any)

Team apparel information

There are a few opportunities for athletes to obtain NTF clothing:

1. **Free t-shirt:** Each athlete who is fully registered (paid club fee and obtained USATF membership by May 15) will receive an NTF performance t-shirt, in the size indicated on his/her registration form. Please note that these shirts do tend to run large, and many athletes like to size down. T-shirts should arrive sometime in the first few weeks of practice.

2. **Racing Uniforms:** All athletes that plan on participating in any meets are encouraged to purchase a team uniform. Information and a uniform order form will be available during the first week of practice.

Contact Katie Petersen (ntfxc.uniforms@gmail.com) if you have any questions about NTF apparel.

For more information about the NTF team, please visit our website: www.ntfxc.com or email to ntfxc.club@gmail.com

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