

Meet Schedule (approximate) UPDATED will be further updated as we get closer.

8:00 am	Athlete/coach check-in and track open for warm ups
8:45 am	Coaches meeting (infield)
9:00 am	Track Events (11 and up) Morning Session Begins
9:00 am	Field Events (10 and under) Morning Session Begins
11:45 am	Field Morning Session Ends (approximate)
12:30 pm	Track Morning Session Ends (approximate)
12:30 pm	Field Events (11 and up) Afternoon Session Begins
1:15 pm	Track Events (10 and under) Afternoon Session Begins
4:00 pm	Meet concludes

Order of Events

Unless otherwise stated, boys will follow girls.

Some age groups or genders may be combined. The final schedule will provide details.

Note: This schedule is approximate and is open to modification based upon entry counts and availability of officials.

Morning Track Session (11 and up)		Morning Field Session (10 and under)	
Event	Age Group	Event	Age Group
80 m Hurdles	11-12	Long Jump	8 and under, 9-10
100 m Hurdles	13-14, 15-18 girls	<i>begins at 9:00</i>	
110 m Hurdles	15-18 boys		
1500 m Run	11-12,13-14,15-18	Turbo Javelin	9-10, 8 and under
100 m Dash	11-12,13-14,15-18	<i>begins at 9:00</i>	
400 m Dash	11-12,13-14,15-18		
800 m Run	11-12,13-14,15-18	Shot Put	8 and under, 9-10
200 m Dash	11-12,13-14,15-18	<i>begins at 9:30</i>	

Afternoon Track Session (10 and under)		Afternoon Field Session (11 and up)	
Event	Age Group	Event	Age Group
1500 m Run	8 and under, 9-10	Long Jump	11-12,13-14,15-18
100 m Dash	8 and under, 9-10	<i>begins at 12:30</i>	
400 m Dash	8 and under, 9-10		
800 m Run	8 and under, 9-10	Shot Put	15-18, 13-14, 11-12
200 m Dash	8 and under, 9-10	<i>begins at 12:30</i>	

The final schedule will be updated to reflect actual entry counts and will be distributed to all entrants on Friday, June 25.

Please listen for announcements calling your events and arrive soon after the first call. Track event athletes must check-in at the clerking tent on the infield. Field event athletes must check-in at their event location. Given the schedule structure, there should be no reason for athletes to have to leave their field events for track events.