

## Youth Cross Country Meets - Fall 2022

Date	Day	Meet	Location	Start time	~Driving time from SC
10-Sep	sat	Juniata Valley Striders All-Comers Meet #1	Indian Valley Elementary - Reedsville PA	9:00	30 min
17-Sep	sat	NVRC-CRPR All-Comers Youth Cross Country Meet #1	Oak Hall Park - Boalsburg, PA	8:30	15 min
1-Oct	sat	Juniata Valley Striders All-Comers Meet #2	Indian Valley Elementary - Reedsville PA	9:00	30 min
8-Oct	sat	NVRC-CRPR All-Comers Youth Cross Country Meet #2	Oak Hall Park - Boalsburg, PA	9:00	15 min
15-Oct	sat	NVRC-CRPR All-Comers Youth Cross Country Meet #3	Oak Hall Park - Boalsburg, PA	8:30	15 min
22-Oct	sat	Juniata Valley Striders All-Comers Meet #3	Indian Valley Elementary - Reedsville PA	9:00	30 min
22-Oct	sat	Lock Haven Invitational / Middle School Teams	West Branch XC Course, Lock Haven PA	9:00	55 min
TBA	sun	NTF Intersquad Meet	Tudek Park - State College, PA	3:00	10 min
19-Nov	sat	Cross Country Coaches National Championship	Shelbyville, IN	10:00	8 hrs.

## USATF Junior Olympic Series - Fall 2022

(must qualify through each meet)

TBA	sat	USATF Mid-Atlantic JO XC Championship	Belmont Plateau, Philadelphia PA	9:00	3 hrs.
20-Nov	sun	USATF Region 2 JO XC Championship	New Jersey	9:00	4 hrs.
10-Dec	sat	USATF National JO XC Championship	College Station TX	10:00	